

Muscle Testing

Muscle testing of spinal related muscles is done on all new patients and often with each visit.

In Chiropractic, Doctor George Goodheart is the instructor for muscle testing. He called it Applied Kineasology (AK).

Doctor Goodheart saved my career as a Chiropractor. I needed to know if my treatments were doing any good. Muscle testing answered my need to know.

In 1970 to 1973, I studied under Doctor Goodheart and then did seminars for and with him to the chiropractors in Alberta.

Thank you Doctor Goodheart for showing me Chiropractic works.

